

A 5-Minute Stations of the Cross for Kids

I.

The First Station: Jesus is Condemned to Death

Leader: We adore you, O Christ, and we bless you.

All: Because by your holy cross you have redeemed the world.

Reader: Jesus, you were punished for a crime you didn't commit. You were innocent, but I am guilty every day of making mistakes. That is why you died for me. Thank you for being punished so that I can go to heaven without being punished.

Amen.

II.

The Second Station: Jesus Takes Up the Cross

Leader: We adore you, O Christ, and we bless you.

All: Because by your holy cross you have redeemed the world.

Reader: Jesus, you carried the cross and you didn't complain. It is easy for me to find things to complain about. Give me the strength to do hard things without complaining just like you.

Amen.

III.

The Third Station: Jesus Falls the First Time

Leader: We adore you, O Christ, and we bless you.

All: Because by your holy cross you have redeemed the world.

Reader: Jesus, you fell but you got back up again. Give me the strength to get up when I fall down. Give me the courage to do things that are important but hard for me to do.

Amen.

IV.

The Fourth Station: Jesus Meets His Mother

Leader: We adore you, O Christ, and we bless you.

All: Because by your holy cross you have redeemed the world.

Reader: Jesus, you loved your mother so much. I love my parents, too. Thank you for the gift of their love.

Amen.

V.

The Fifth Station: Simon of Cyrene Helps Jesus Carry the Cross

Leader: We adore you, O Christ, and we bless you.

All: Because by your holy cross you have redeemed the world.

Reader: Jesus, you let Simon help you carry the cross. Show me how I can help you today and throughout my life. I want to serve you. Give me the strength to help.

Amen.

VI.

The Sixth Station: Veronica Wipes the Face of Jesus

Leader: We adore you, O Christ, and we bless you.

All: Because by your holy cross you have redeemed the world.

Reader: Jesus, you welcomed Veronica's help as well. Thank you for all the people you have put into my life to help me: family, friends, teachers, coaches, priests, and more.

Amen.

VII.

The Seventh Station: Jesus Falls the Second Time

Leader: We adore you, O Christ, and we bless you.

All: Because by your holy cross you have redeemed the world.

Reader: Jesus, you fell again and no one was there to pick you up. Forgive me for the times I didn't help those in need. Give me the ability to be generous towards others who need my help.

Amen.

VIII.

The Eighth Station: Jesus Meets the Women of Jerusalem

Leader: We adore you, O Christ, and we bless you.

All: Because by your holy cross you have redeemed the world.

Reader: Jesus, you met the women of Jerusalem who were crying as they watched you suffer. When I see someone upset, help me comfort them.

Amen.

IX.

The Ninth Station: Jesus Falls the Third Time

Leader: We adore you, O Christ, and we bless you.

All: Because by your holy cross you have redeemed the world.

Reader: Jesus, you fell a third time but you didn't give up. The next time I want to quit or tell myself "I can't" do something, give me the confidence to finish what I started.

Amen.

X.

The Tenth Station: Jesus is Stripped of His Garments

Leader: We adore you, O Christ, and we bless you.

All: Because by your holy cross you have redeemed the world.

Reader: Jesus, they took everything away from you, even your clothes. I have a lot of clothing and possessions that are very important to me. Help me to love you above all things and be ready to give up everything to follow you.

Amen.

XI.

The Eleventh Station: Jesus is Nailed to the Cross

Leader: We adore you, O Christ, and we bless you.

All: Because by your holy cross you have redeemed the world.

Reader: Jesus, I can only image how painful it must have been for you to die on the cross. Thank you for making such a great sacrifice for me. I will never forget what a great gift it was for me.

Amen.

XII.

The Twelfth Station: Jesus Dies on the Cross

Leader: We adore you, O Christ, and we bless you.

All: Because by your holy cross you have redeemed the world.

Reader: Jesus, your death makes me sad, but I know why it was so important. You died so that when I die I can join you in heaven. There is nothing I could ever do to thank you enough for this great gift. Thank you, Jesus. Thank you.

Amen.

XIII.

The Thirteenth Station: Jesus' Body is Taken Down from the Cross

Leader: We adore you, O Christ, and we bless you.

All: Because by your holy cross you have redeemed the world.

Reader: Jesus, they took down your body from the cross and your mother was there to receive you. My family is there for me. My friends are there for me, too. Thank you for their love and care.

Amen.

XIV.

The Fourteenth Station: Jesus is Laid in the Tomb

Leader: We adore you, O Christ, and we bless you.

All: Because by your holy cross you have redeemed the world.

Reader: Jesus, they laid your body in a tomb and rolled a stone to cover up the opening. Your body was there all alone. I sometimes feel alone, but I know you are always with me. Thank you for your daily presence in my life.

Amen.